

## Level three guidance made available for seniors and high risk

New Zealand transitioned from Alert Level 4 to Alert Level 3 on 26 April 2020 and the Government's Unite Against COVID-19 website has [published guidance](#) on level three operations for seniors and other high-risk groups.

While these groups should take further care in their day-to-day practices to avoid exposure, they are still entitled to the same rights as everyone else, including around work, exercise and accessing essential services. This guidance aims to give them the best advice possible to safely access these rights and contains a series of frequently asked questions, as well as outlining the resources that are available to these groups.

These groups should take care to work from home where possible, however, no workplace should be operating if they are not managing COVID-19 risks, so there should be no reason for someone in this group being excluded from the workplace if they wish to be there. The [COVID-19 Leave Support Scheme](#) is available for those who do not wish to return to the workplace and is available to non-essential workers from 28 April 2020, and is open to apply for from 1 May 2020.

### Resources:

Level 3 guidance for Seniors available <<https://www.beehive.govt.nz/release/level-3-guidance-seniors-available>> 26 April 2020

COVID-19 Leave Support Scheme <<https://www.employment.govt.nz/leave-and-holidays/other-types-of-leave/coronavirus-workplace/leave-support-scheme>> 25 April 2020

Guidance, at Alert Level 3 for people at risk of severe illness because of age and/or existing and underlying health conditions <<https://covid19.govt.nz/assets/resources/COVID-19-Guidance-at-Alert-Level-3-for-people-at-risk-of-severe-illness.pdf>>